

**QC**

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**FREEDOM'S GIFT**

MOSES AND MARY KARGBO  
WORK HARD TO HELP  
FAMILIES IN SIERRA LEONE **P. 9**

**FREE**

# CITY FACES

## # BEST OF 2013

It's a shame we can't have free cover stories every week, because this city is full of great people and stories to tell. That's why we started the City Faces profile in 2012, which also makes us our regular City Faces crew. It's just another way of focusing the people who make this city great. From Aslan Woodcock, the eight-year-old girl who collected 71 Borealis badges this year, to 79-year-old veteran Yang Gao, who brings his own New Year's traditions each day for First Nations University of Canada students, we met a lot of incredible folks with inspiring stories in 2013.



Diana Kruger, owner of The Brush Closet, a craft supply shop. GC PHOTO BY STEVE SCHLESSE



Armit Jason Roberts poses with his custom-painted bike in front of one of his murals in downtown Regina. GC PHOTO BY STEVE SCHLESSE



Ally Heo is unable to conduct business in Saskatchewan. She also goes painting at a local business to make ends meet. Pictured with Olive Bladen. GC PHOTO BY STEVE SCHLESSE



Stacy Krivak, a woman, organized a volunteer contest, the Master of All Trades. GC PHOTO BY STEVE SCHLESSE



The cast of Armit Jason Roberts' Theatrical Arts Project. Front row from left: Armit Jason Roberts, Armit Jason Roberts, Armit Jason Roberts, Armit Jason Roberts, Armit Jason Roberts. Back row from left: Tiffany McGowan, Don Mervin and Armit Jason Roberts. GC PHOTO BY BOB HARR



Dan's service started at the Regina Art School in the summer. GC PHOTO BY STEVE SCHLESSE

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Mary Kaptejo packs boxes of supplies to send home to family in Sierra Leone. She, her husband Moses and son John left the year from country 17 years ago and now live in Saskatoon. QC photo by MARIKOLU BOVA.

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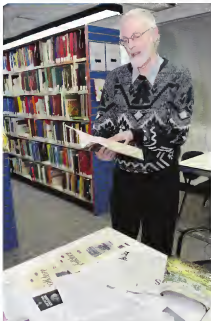
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## # MY FAVOURITE PLACE P. 9



Kurtz Factor in the Prince Henry Room at the Regina Public Library main branch. He's favourite place in the city. QC photo by KIMMA SCHLOTTKE.

## QC COVER PHOTO BY MICHELLE BERG

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# IN THE CITY

# DECEMBER 26, 2013 — 11:36 A.M.

## It's all downhill from here



Zoelyn Pluckar (bottom) takes her grandson Andy on a ride down a tobogganing hill at Mount Pleasant Sports Park on Snowy Day in Regina. QC PHOTO BY MICHAEL WELLS.

## YOUR FAVOURITE PLACE

QC wants to hear about your favourite place in Regina. Email [QC@leaderpost.com](mailto:QC@leaderpost.com)

## # MY FAVOURITE PLACE

## History buff gets a thrill at Central library

By Ashley Martin

Kerth Foster's lifelong interest in history has brought him many times to the Prairie History Room located in the Regina Public Library's Central Branch.

Foster worked part time helping to set up the space from 1995-96, while completing his master's degree in history at the University of Regina.

In the years since, he has been back many times for his own work as a freelance researcher and writer.

**Q: How do you always get interested in history?**

**A:** Yes, I like the fascination with it. Originally I was more interested in American history. I thought that was so exciting, and of course when I was about 12, I was a big fan of Doc Crockett!

When I was 15 my father actually took me to San Antonio in the Alamo and whereas other kids my age were going to Disneyland — I would like to have gone to that too — but I said I would love to go to the Alamo and see where some of these events took place.

When I was taking some of my history classes and working on my master's I kind of developed a love for Saskatchewan history.

I remember driving along the highway and country roads and seeing these old signs and thinking, "Oh what terrific stuff!" but then it was also getting into photography and I realized "This is really artsy. This stuff isn't just decent stuff, it's part of our past."

**Q: Why do you like the Prairie History Room?**

**A:** I like the excitement of discovery as I'm researching. It's fairly big on researching newspapers and the Prairie History Room has a lot of newspapers on microfiche.

They've got all these local history books and a big thrill for me was finding a history of Regina book published in 1897. Regina was only



Kerth Foster's favourite place in the Queen City is the Prairie History Room of the Regina Public Library's new branch. QC PHOTO BY BRAD SCHLOSSER

five years old at that time and already someone's writing a history of Regina. John Weston Powers (mole!) I'd like to do some more research on him.

They get a lot of new books coming out. I sometimes can't help but look at them.

Another aspect of the excitement of discovery is when I look at a book and check the footnotes. I'm very big on footnotes and bibliographies because if there's something I'm interested in — there's all kinds of other things that a person can look at. — Just the excitement of discovery

when you're digging for something and then you find something else.

Sometimes I wind up staying 'til closing and I no longer have an option to stay.

**Q: What are some other exciting aspects in researching history?**

**A:** Often I'm researching something and I'll come across something I've written — it's kind of a nostalgia thrill.

I get excited when I see something that someone has worked on and that someone I've been close to. — Then when I see the article come out

or the book came out, it's exciting for me to see the finished product.

**Q: Why would you recommend the Prairie History Room?**

**A:** It's easily accessible. The Saskatchewan Archives is only open three days a week right now and there are a number of restrictions, whereas you can get a lot of that same material (here), especially the local histories.

We used to have a lot of photo graphs in the Prairie History Room and then about five years ago when they were talking about closing it

down, the photos got moved over to the City of Regina Archives. But I understand there's only a part time staff person there and you have to book an appointment.

It's just so much easier to go into the Prairie History Room and you just walk in, you're there, you can usually help yourself to whatever you want. If you can't find some thing you can check with the information desk and someone can track it down for you.

You can find things there that you might not find in some of the other resource places.

# FASHION

Did you buy a new outfit for a holiday party?  
Send a photo to [QC@leaderpost.com](mailto:QC@leaderpost.com)

## #BEST OF 2013

This year saw Saskatchewan Fashion Week host its second event in City Square Plaza, and more stylish new stores opened their doors in the Queen City. But for QC fashion reporter Ashley Martin, the year's highlight was our back-to-school fashion page when seven-year-old Riley Faber said he'd like to wear his football sweatpants to school every day. As so many of our Fashion page subjects tell us, comfort is key!



Sue Armstrong, QC photo by MICHAEL HILL



Winning Blue Bonnets fan Jacob Scott, PHOTO BY ALEX BOWEN



Riley Faber, QC photo by JESSIE HALL



Dorrie Warner, QC photo by TERRY FLAHERTY



Andy Kuntz, QC photo by TERRY FLAHERTY



Sharon Schmitt, QC photo by TERRY FLAHERTY



JoJo Duckworth, QC photo by JESSIE HALL

## # FASHION — BEST OF 2013



Tia Zolotor: QC PHOTO BY TONY FLEISS



Allen Pugh: QC PHOTO BY ANDREW LLOYD



Christina Bourne: QC PHOTO BY BOB HEAL



Ashley Kibicki: QC PHOTO BY TONY FLEISS

## INVENTORY

We want to hear from you! Tell us about your local business.

Email [QC@leaderpost.com](mailto:QC@leaderpost.com)

## # LOLE

Lole stands for "live well every day." Walking into this bright, clean and colourful store makes you want to do just that. Besides offering active wear, outdoor and everyday wear for women, Lole (pronounced LO-le) encourages health and fitness — each month sees a variety of aerobic courses in store.

Lole opened Oct. 20. When husband and wife Geoff and Robin Horn relocated their other store, Pique Sunbelt Shop, they decided to use its former space to showcase another brand they love. Lole is a Montreal-based company. Check out Lole at 425 Victoria Ave. E. Tuesday through Sunday and find them on Facebook.

1. **LOVELY LEGS:** Clonox leggings. Microfibre lounge-pipe for nursing or as long underwear. \$48

2. **COMFY AND COZY:** Easy dress fleece lined. \$80

3. **COMFORT MADE:** Travel yoga mat. \$30

4. **STAY WARM:** Sundries 2 down jacket. \$300

5. **PRACTICALLY PRETTY:** Jazzy bra. Quick dry, wicks sweat, removable foam pad. \$58

6. **MULTIPURPOSE PANTS:** Refresh pant. Light and breezy. Designed on from makes for a cutoff pant or capri. \$90

QC PHOTOS BY  
BRYAN SCHLOSSER



**NEXT WEEK:** At what moment were you most proud of your children? Email [QC@leaderpost.com](mailto:QC@leaderpost.com)

#### # PARENT TO PARENT

Each week QC gathers advice from parents to share with other moms and dads. This week we asked:

## Do you make New Year's Eve a family activity? Or is it just for the parents?

"Since we've had kids I don't know if we've ever made it to midnight!" —Michelle Goodrich

"It used to be all about family, but now the kids are grown and it's just us." —Julie B.

"One fun thing we did with the kids is we stood on chairs and at the clock struck midnight we jumped into the new year. Then off to bed!" —Gordon Haseen

"My babies have been very young during New Year's Eve, so the last few have just been spent at home. Not going like we once did too best to start up!" —Alison Carmichael

"New Year's Eve is a family activity. We will make popcorn and watch a movie and try to stay up until midnight. If the older kids don't have plans, they may stay over for movies and games as well." —Cora Gustafson

"Last year we had friends and movie night as a family New Year's Eve, but I don't think any of us were awake until midnight! We will either do the same this year or invite some friends with kids over so we can have grownups here while the kids are in the basement." —Amy Gundlach Dickinson

"I grew up in a rural farming community and for New Year's the neighbours took turns hosting a party, but the kids always accompanied the parents. I feel I got the best of both worlds as I got to be with my family to celebrate the start of a new year and

also have fun with friends. I have many wonderful memories from that and would love to give my kids that same experience and memories to cherish." —Cynthia Palmer

"Last year we had a make your own pose party with some friends and all of our kids. We did an early countdown for them with hats and sparkly accessories and then put them to bed because they were ready. We started up later. I have let them stay up and do their own thing but they were tired!" —Christiane Meyer

"We make it a family evening with friends and some of those." —Nene Wolf

"I coordinate the things with our in-laws. I have attended the last months of every year with my kids. Friends and family are always welcome to come and spend the evening without us as well!" —Allison Coffey

"Last Dec. 31 our third-son popped our family. We're trying to decide how to celebrate his birthday and New Year's Eve!" —Allison Probst



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# THE COVER

The will has already been done but we had to look for the way? Where is the way?

— Moses Kargbo

# MOSES AND MARY KARGBO

## Family in Sierra Leone receives shipment of hope

By Jenn Sharp

The real story of Christmas is about a man, a woman and their infant son, fleeing slaughter for a land of safety.

A couple in Saskatchewan has lived this story. Remember years ago, they found for their lives. Moses and Mary Kargbo left their home and family behind to find a life free from war. Today they are safe in Saskatchewan and sending a shipment of Christmas hope to Sierra Leone.

When Sierra Leone civil war got too close to their village, Moses and Mary knew they had to leave. It didn't matter that the trip to safety took days, or that they would have to live in a refugee camp. The couple set off. Moses carrying their six-month-old son John. They eventually made their way to Syria.

Ranking their lives again, the couple worked for days to get into Lebanon through the mountain range separating the two countries.

"Sometimes I try to remember what it's like over there," says Mary. "I don't want to really remember about all of that. It was very tough for us."

As refugees, the family lived in Lebanon for some years. Moses dreamed of success and life in a country where he could support his family away from fighting and war.

"The will has already been done but we had to look for the way? Where is the way?" he remembers thinking. "We had to find our own life, our own way of living," said Mary.

The Kargbos discovered the way to Canada. A contact at the United Nations in Beirut recommended they immigrate to Saskatchewan. The family arrived in Saskatchewan in 2006.

While living in Lebanon, the Kargbos had no idea if their family back home was dead or alive. Rebel armies had killed thousands and destroyed villages and infrastructure. Many of the remaining survivors had fled.

"They thought we were dead," says Moses because of the Lebanese Civil War. "We also thought they were dead."



Mary and Moses Kargbo with their daughters Vivviana and Agneta, and son John left Sierra Leone and a near-certain death if it isn't for 17 years ago. GCPHOTO IN SIERRA LEONE

It was impossible to know where their family may have ended up — people had scattered to neighbouring Liberia, Guinea and Ghana. Others died out of a living in hiding.

"Everybody was just running... there was no food, there was no water for everyone," says Mary.

After arriving in Saskatchewan, Moses met Joseph, whose brother lived in Liberia. Moses needed to know if his family was alive. Joseph sent his brother to Sierra Leone's northern province, where Moses' home village, Kookobahy and Minkal, are located.

Moses' father, brother and brother-in-law had been killed. His other brother was missing. Only his mother, sister and her five children were

alive. Another sister, Nancy, also now lives in Saskatchewan. Mary's family had fled the area. All were safe, except for her father, who was killed. Today they live in Senegal.

For the first time in a decade, Moses was able to talk to his mother Keetha Dosty and sister Shara Kargbo. The moment was bittersweet.

"Half [of my family] is gone, only my mother now and my sister remain," says Moses.

"They killed them," says Mary dependently. "The rebels killed them." The extremity of the loss cannot be put into words. Moses sits surrounded by his children: Githa, 17, and daughters Vivviana, 16, and Agneta, 4, in the living room of their modest home in the Confederation Park

neighbourhood. He won't elaborate about the deaths.

It's not something he dares light his ever coffee. But Moses is so proud nodding, if at times braque in his explanation of the decision to leave his homeland and family behind.

It's not long before the family pictures come out. Moses and Mary pose proudly at night, women posed with serious expressions and smiling children. When asked which child he longs to when he explains the children are everyone's.

"We are all family people." The couple says their life in Canada is a gift from God. A gift they are obligated to return in whatever way they can. They have done that by regular financial support and a shipment of

supplies they hoped would arrive in time for Christmas.

The apparently God [given] us here, so much we share," says Moses.

■ ■ ■ ■ ■

The first struggle for the newly arrived family was pronunciation: the name of their new city, Vivviana. Three of the time, was the only one who could say it properly.

Mary says they don't talk about the journey to get to Canada much with their children, but admits the story will one day have to be told.

"It's a history to tell our grandchildren," says Moses, as John nods in agreement.

Continued Page 10

Our friend told me they needed to send stuff back home. If I have the chance, I (wanted to) help them.  
—Francis Kargbo

Moses became a "jack-of-all-trades" in Liberia, doing all kinds of work to support his family. He is now employed at Conashon's Therapists, where he sews industrial strength tarps.

Mary worked for a time in a mine house. It was hard to find children and she ended leaving away when her children got home from school. She's now a full-time housemaker. Living in a larger home or wearing new clothes aren't priorities.

"It's hard. Here we don't have no body to give (us) a hand. We have to do as much as we can (and) make sure our kids are safe also. If you want to run after the money, then where are the kids?" she says.

"We struggle all our lives, from morning to midnight. We don't want to run after the money. We need to look after the kids. If they come home and there is nobody there, that's not good. That's why I stay home."

After the rent and bills are paid, and food is on the table, the couple saves the minimal amount of money left over.

It goes to Moses's remaining family in Sierra Leone. Every month, he sends money home to his family enabling them to buy food and sew clothes. The fighting has subsided and things have gotten better in the area, but life is far from easy. The daily trip for a bucket of water is a two-hour trek.

Even though he does what he can for his family back home, the guilt Moses feels at leaving them behind can consume his thoughts.

"I missed all boys and old and sick children, and there they have nothing," he says. "That is our own mission now. To help them survive."

The couple filled a U.S. mail with boxes of supplies earlier this fall for shipment to the villages. Clothing, shoes, bread, soap, lotion, sewing and school supplies, dried beef, coffee, rice and laundry soap were all included.

"They are really hard, they are tough, but they fight for (survival) day by day," says Moses. "They are not looking to be rich, but are looking to be survived day by day."

The U.S. mail was sent to Francis Kargbo (in relation to Moses and Mary) in Warapong in October. He



The Kargbos sent money home to their village in Sierra Leone to help their children pay their school tuition. *Op. Kargbos in Sierra Leone.*

had already organized for a shipping container to be sent to Sierra Leone, filling it with supplies for his own family. Moses met Francis through a mutual friend who told him Francis could help organize the shipment to Africa.

"Our friend told me they needed to send stuff back home. If I have the chance, I (wanted to) help them," explains Francis.

The container was scheduled to arrive in the port city Free Town by Dec. 30. From there, Moses's sister Nancy (who is going home for Christmas) will have the supplies brought to the village. It will be a Christmas gift the likes of which most could have only dreamed. While it's the second shipment the Kargbos have sent, this one is much larger than the first.

"They will be happy so happy" says Moses.

■ ■ ■ ■ ■

The Christmas shipment is not the first time the Kargbos have worked to change their family's lives in the Bonkamsah and Mokofo villages.

Moses's first goal was to build a permanent and sturdy home for his immediate family.

"They've raised enough money to build a well for the village, eliminating the daily arduous task of fetching water. A reliable close source of water has also enabled people to grow food crops. The Kargbos also pay the school tuition for children in the village district.



Moses Kargbo's mother (second from right) and sister (right) in Sierra Leone.



Moses's wife and their children have a generous shipment the Kargbos had sent.



A view of the houses that have been built post-war in the Kargbo's home village.

We struggle all our lives, from mountain to mountain. We don't want to run after the money  
We need to look after the kids. — Mary Kargbo

A lot of work in conjunction with Siskiwash's mill, yet devoted Sierra Leone community of 18 families Maury moved through various businesses in shared equity throughout the group as all have projects they're sponsoring in their home villages.

"We all work together as a community," says Mary. "As a team," adds Moses. "Because we (his family) cannot keep on doing this far over."

Sharon McLeod, a friend Mary met five years ago, also began giving the Kargbos whatever she could spare and put more involved in fund raising for the villages. Her sister Jean came on board, donating enough to buy a generator sewing machine run on its power, enabling people to have a source of income.

"I put kind of grey and grey," says McLeod. "It was the enthusiasm of Moses and the need that got me involved."

McLeod spearheaded a clothing and toy drive in Maricville where she lives, she then sort ed and identified the donations for the Christmas shipment to Sierra Leone.

She feels it's a worthy cause and one she



In October Mary Kargbo packed supplies that were sent to Sierra Leone for the Christmas gift drive in Maricville.

Kargbo also moved her sewing machine to her home in Maricville, she explains.

McLeod also included rug and quilt-making books in the shipment, along with instructions and pictures as making quilts is a way of pro-

viding income to the villagers. Income-generating projects were something she proposed to Moses.

"They have to work for themselves, to make their own living," explains Moses.

A donation came in for gardening supplies and seedlings of sweet potatoes, cassava, peanuts, beans, mango, bananas, oranges and plantains were planted for the first time this year.

He says McLeod's influence has been good. "Sharon she's a good lady. She's a good woman," says Moses.

"I don't know whether I do a lot or a little but I do what I can and give them some enthusiasm and encouragement," says McLeod.

An entrepreneurial sewing project has begun to take — people in Siskiwash have made simple patterns and sent them, along with sewing material to the women in the villages who are learning to sew and selling up businesses for themselves.

• • • • •

While the rest of us complain about the better half, the Kargbos are just incredibly thankful to live here happy they escaped an almost certain death.

"We can't complain," says Mary. Deeply religious, Moses adds "It's God's work" that brought the family to Canada. It was not something he alone could have done.

"Everything is in God's hands. 'If we have one thing we will share it. That is what we think always about to share,'" says Mary.

"It's really a story of struggle," says McLeod. "We have so much in this country. It's really I think, substance to just ignore a situation like that."

Siskiwash's Sierra Leone community will host a fundraising event in April. All are welcome to share their culture through a dinner entertainment and band performance.

If you would like to make a donation or help with fundraising efforts, contact Sharon McLeod at 309-845-9660.

sharon@sierraleone.ca  
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# OUTSIDE THE LINES

HAPPY  
NEW  
YEAR!



## # Colouring contest

Each week, artist Brenda McKeay creates a timely illustration meant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product and email it to [gc@leaderpost.com](mailto:gc@leaderpost.com). One winner will be chosen each week. Please send high-resolution pictures and include the child's name and contact information.



Last week's GC colouring contest winner was **Justyn Bunkus**. Congratulations! Thanks to all for your colourful submissions. Stay tuned this week!

# ON THE SCENE

## # BEST OF 2013



Members of the Regina Ultimate Flying Disc Club participated in the Athletics Against Bullying Chili Cook-Off on June 8. **QC PHOTO BY MICHAEL BELL.**



Martina Sorbara, Zoe Rutz and Jeff Stauffer of the band Diagoner at Juno Fest on April 20. **QC PHOTO BY MICHAEL BELL.**



Spent Freshers! Amanda Kirscheck and Miranda Dutton at Graves Country Jamboree on July 13. **QC PHOTO BY MICHAEL BELL.**



Wen Wei's Cive performs at a live event on Aug. 28. **QC PHOTO BY MICHAEL BELL.**

As Regina grows so do do our events. Aside from these house standards — Saskatchewan Fashion Week in May, Crown Country Jamboree in July, Regal Park Festival in August — in 2013 we had two big ones that drew people from across Canada. The whole city got on board to warm up two triad parties with their hospitality. Juno Fest in April and Gipsy Cup in November. We were On the Scene for it all.



Devina Casanova performs during Mexico on June 1. **QC PHOTO BY MICHAEL BELL.**



Laurin Armitage, Nerve Tokes and Gordon Armitage at the Evening of the Arts Winter Gala on Jan. 16. **QC PHOTO BY MICHAEL BELL.**

## EVENTS

## # MUSIC

Wednesday, Jan. 1

**Jim Night**  
Michael's, 2220 Dewdney Ave.

Friday, Jan. 3

**Dougenour Chorus**  
The Six, 306 Albert St.

**Batch III & the Hardcore Troubadours**  
Michael's, 2220 Dewdney Ave.

Saturday, Jan. 4

**Dougenour Chorus**  
The Six, 306 Albert St.

**Batch III & the Hardcore Troubadours**  
Michael's, 2220 Dewdney Ave.

**Uzarpur, Low Level, Elder Abuse, Guardians, Under-18er**  
The Club at the Exchange 363 Eighth Ave.

Monday, Jan. 6

**Monday Night Jazz & Blues: The Downers**  
Bushman's

2205 Dewdney Ave.

Tuesday, Jan. 7

**Big night**  
Bip.m, 604-605, 2027 Park St.

## # ART

**Drawing Our Communities together**  
Until Jan. 5 Mackenzie Art Gallery, 3475 Albert St.

**Saskatchewan Heritage Exhibition**  
Until Jan. 11, 1030-1100 Art Gallery, 2012 Halifax St.

**The Professional Native Indian Artists Inc.**  
Until Jan. 12 Mackenzie Art Gallery, 3475 Albert St.

**Clint Huelsfeld: The Chandeliers, the Trans Am, the Peacock, the Graveland and My Grandchildren's Oliver Cabaret**  
Five rightnesses of Christianity



At Richards is an offering at the Regina Public Library's various branches this week.  
QC FILE PHOTO BY BRUCE SCHLOSSER

cut back to vinyl depict the story of a boy-turned-man. Until Jan. 19 Dundas Art Gallery - Sherwood Village Branch, 6021 Birchdale Blvd.

**Food Me Twice**  
Tammie Campbell and Marc Casarimovine present the technique of a range food "fooling the eye" - inspirations and solutions. Until Jan. 19 Dundas Art Gallery - Central Branch, 2311-12th Ave.

**Netha in Decant: Impersonating Men**  
Until Jan. 26, Art Gallery of Regina, Neil Sakowik Civic Arts Centre, 3420 Elphinstone St.

**Beyond Pilgrims: The Mounted Police in Art**  
Until March 31 RCMP Heritage Centre, 9907 Dewdney Ave.

**The Artists of Scott McCallum Fine Arts**  
New exhibitions quarterly. Until July 31, 2014, Regina Centre Crossing, 1620 Albert St.

**Artbookstore Gallery**  
3266 Smith St. Open Tuesday to Saturday, 10 a.m. to 5 p.m. 10 a.m. - 5 p.m.

**Nowadays Art**  
2548 Albert St. Open Tuesday to Saturday, 10 a.m. to 5 p.m.

**Oakland Oil and Fine Arts**  
Oil and ink paintings by Chinese artist Lin Xing. Until Jan. 22, 2212 Smith St. Open Monday through Saturday, 10 a.m. to 5 p.m.

## # COMEDY

**Comedy Stand**  
Every Saturday night. Galtiers, 2336 Dewdney Ave.

## # SPECIAL EVENTS

**Revolution Dan Stenman/Book**  
Jan. 1, 10 a.m. Saskatchewan Science Centre, 2903 Powerhouse Dr.

**Regina Pats vs. Lethbridge**  
Jan. 1, 7 p.m.

**Warrior Centre, 1034 Place**

**Into This Art: The Magic of Jeff Richards**  
Jan. 2, 10:30-11:30 a.m.

**Regina Public Library, Southland Mall, 2905 Gordon Rd.**

**Into This Art: The Magic of Jeff Richards**  
Jan. 2, 2-2:45 p.m.

**Regina Public Library, 1401 Robinson St.**

**Harry Potter Movie Marathon**  
Harry Potter and the Half-Blood Prince

**Jan. 3, 1:30-4 p.m.**  
Regina Public Library, 1401 Robinson St.

**Family Lamenters 100**  
Jan. 3, 2-4 p.m.

**Regina Public Library, 1401 Robinson St.**

**Regina Public Library, 1401 Robinson St.**

**Regina Public Library, 1401 Robinson St.**

What you need to know to plan your week.  
Send events to [QC@leaderpost.com](mailto:QC@leaderpost.com)

**32nd Kalamazoo**  
Jan. 4, 1-4 p.m.  
RPL Regent Place, 321 Albert St.

**Harry Potter Movie Marathon**  
Harry Potter and the Deathly Hallows Part 1  
Jan. 4, 1:30-4 p.m.  
RPL Albert Library, 1401 Robinson St.

**Woody Winter Born**  
Jan. 5, 10 a.m. - 4 p.m.  
RPL Glen Glen, 1601 Dewdney Ave. E.

**Harry Potter Movie Marathon**  
Harry Potter and the Deathly Hallows Part 2  
Jan. 5, 1:30-4 p.m.  
RPL Albert Library, 1401 Robinson St.

**Literacy Book Club**  
For adults to improve their reading skills.  
Jan. 5, 7-8 p.m.  
RPL Regent Place, 321 Albert St.

**Games for Families**  
Jan. 5, 2-4 p.m.  
RPL Summit, 3300 E. Woodlawn Dr.

**Manga Club**  
Jan. 6, 6:30-8:30 p.m.  
RPL Central, 2311 12th Ave.

**Woody Winter Born**  
Jan. 7, 10 a.m. - 4 p.m.  
RPL Glen Glen, 1601 Dewdney Ave. E.

**Drop in and Stretch**  
Jan. 7, 7-8 p.m.  
RPL George Buchwalter, Southland Mall, 2905 Gordon Rd.

**First Nations Language Speaking Circle**  
Jan. 7, 7-9 p.m.  
RPL Albert, 1401 Robinson St.

**Laughing Yoga**  
Jan. 7, 7:30-8:30 p.m.  
RPL Central, 2311 12th Ave.

## # NEW MOVIES

**The Railway Men**  
Drama  
On an afternoon in 1952, two

Lemay (Colin Firth) meets bubbly Patti (Nicole Kidman) on a Scottish train. Her courtship is quick, and on their wedding night, Patti finds that her groom has terrible nightmares and he won't explain why.

Patti turns to Eric's friend (Steven Berkoff), who tells her that during the Second World War, Eric was forced into construction of the Thailand-Burma Railway - the Death Railway, and he was tortured by a Japanese officer. Eric discovers the Japanese interpreter who tortured him is still alive and sets out to confront him.

**Possession Antiquity: The Market Class**

Married in the town of Oxford, Calif., a woman is murdered in her apartment. They find old videotapes of friends, remnants of black magic practice and photos of Joanne (Andrew Jacobs), who had never met the murdered woman.

Odd things start happening to Jesse - odd dreams, life flashes, supernatural events and bleak, gut-wrenching scenes from his eyes.

He finds this has happened to others who have become "permanent heads" for demons. With the help of an exorcist, Jesse's family and friends work to save him from the demons.

**Gallery Cinema**  
A2 McCurdy Blvd. N.  
306-522-9018

**Cinemas On Screen**  
Southland Mall Cinema  
3005 Gordon Rd. 306-585-3343

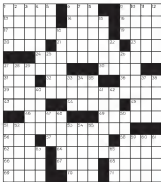
**Regina Public Library Theatre**  
2311 12th Ave. 306-777-6104

**Kramer (max)**  
2903 Powerhouse Dr.  
306-522-6429

**RadioWave Cinema**  
Cinema Mile Shopping Centre  
3606 Albert St., 306-358-3250

## NEW YORK TIMES Edited by Will Shortz

- 1 One of the Obama girls
- 2 Like
- 3 Kindergarten stuff
- 13 Hollywood stuff
- 14 Heavy work
- 15 Used by someone or not used
- 17 Source of easy money
- 18 Color ... it contains nothing
- 20 Certain
- 21 Station supplies
- 23 Dental character
- 24 One off a pair at a court
- 27 Madly one
- 30 Points Indians
- 31 Traffic meaning "space/motely"
- 32 Author Cabaret
- 33 Hardly like Coal
- 34 Looking for the stars of off 24, 29 and 64-Across
- 40 (word) title: too nice
- 44 Carlowe games
- 45 Not miss a thing on
- 46 Use with die: 1993 hit "I Love"



to break something or to break	<b>DOWN</b>	20	Coleridge wrote
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## Larsen, M. S.

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column and 3x3 block. Use logic and process of elimination to solve the puzzle.

The difficulty level ranges from Bronze (easiest) to Silver to Gold (hardest).



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and available REWARDS visit  
[www.mypetmatters.ca](http://www.mypetmatters.ca)



City of Regina | REGINA

LEADER-POST

Sudoku is the  
crossword puzzle and  
the Sudoku can be  
based on these all

# SPACES

Do you know of an amazing space in Regina? Tell us about it!  
Email [QC@leaderpost.com](mailto:QC@leaderpost.com).

## # BEST OF 2013



Top: Kori's living room. QC PHOTO BY THOM HUBBES

You know when you're driving down a street and you see a beautiful old house and wonder "what does it look like inside?" Spaces allows us to knock on the door and ask that very question. But just as you should never judge a book by its cover, you should never judge a house by its exterior. One of our favourite spaces this year had a standard (if not boring, here) — sorta cute vintage-inspired interior was a pleasant surprise.



Left: Kori's bathroom. QC PHOTO BY THOM HUBBES



Opposite: Kori's room. QC PHOTO BY THOM HUBBES



Bottom: Kori's room. QC PHOTO BY THOM HUBBES



Opposite: Kori's bathroom. QC PHOTO BY THOM HUBBES



Opposite: Kori's room. QC PHOTO BY THOM HUBBES



## # SPACES — BEST OF 2013



Jody Pinner's children's playroom  
GO PHOTO BY KIMBERLY SCHUBERT



Orlana Wilmore's backyard  
GO PHOTO BY KIMBERLY SCHUBERT



Mandy Redusky's kitchen  
GO PHOTO BY KIMBERLY SCHUBERT



Lynn Anderson's backyard  
GO PHOTO BY GUY LAWRY

# READ MY BOOK

**LOCAL AUTHORS:** Writers tell us what makes their book worth reading

## # STEVE WOLFSON

### Monster Cheese book idea started with a sneeze

Monster Cheese came into my life simply without a hint of being a life-changing event, when my sister Ellen sneezed on a trail above Lake Louise. It was a surprise sneeze that made us both laugh and then rhyme our way down the mountains until "a sneeze at Lake Louise that started a monster cheese" was born. My young children, Sam and Andrew, heard the rhyme and asked how a sneeze started a monster cheese. So, I told them, over and over in many different ways.

In a couple of years, when I got serious about writing, I researched

the latest version, transcribed it and exported a finished book. It wasn't that easy. With help

from some experienced writers I slowly turned the oral version into a written story that Crown Books agreed to publish as *Monster Cheese*. In 1985, my son Sacha and the Cheese raced to be launched into the world. Sacha was born one day before the book launch and he was at the party releasing *Monster Cheese* into the world.

About that time, my day job was disappearing. *Monster Cheese* helped give me the courage

to leave the world of steady employment to write and make films.

*Monster Cheese* took me all over Saskatchewan and inspired me to write many more children's stories. Colors sold out two printings. I have copies from bookstores like Mountain Lights at Chateau Lake Louise, sent around the world.

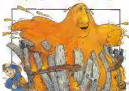
*Monster Cheese* has been out of print for some 15 years and my readings eventually ended. To my surprise that wasn't the end of the *Monster Cheese*. It announced at how many people I meet who have been touched by the book. Children often need to recognize me. Now it's people in their 20s who tell me how much they love

the book. Many are reading with worn copies to their children. Parents who read it to their children are now reading *Monster Cheese* to their grandchildren.

I'm thrilled that *Monster Cheese* as a book, it took years but was finally made possible through advances in technology plus a dash of reader input. That ingredient is Ellen who sneezed. She reprinted *Monster Cheese* through her small publishing company Argenta Productions in Scotts Bluff, Nebraska.

*Monster Cheese* is again changing my life. I'm excited about sharing the Cheese with a whole new generation of children. (*Monster Cheese* is available at [amazon.ca](http://amazon.ca).)

## MONSTER CHEESE



Story by Steve Wolfson  
Illustrations by Bill Johnson

# SHARPEATS

# SASKATCHEWAN FOOD TRENDS

## The best spots to cure your New Year's hangover

By Jenn Sharp

CR, the holiday partying has subsided and you're left with a massive hangover. What to do? Your body needs grease (it's proven to help—there's been research) but you need to be careful about where you choose to go for brunch.

Super-friendly establishments are probably not the best choice. The last thing you need right now is screaming children and a food fight at the next table. A buffet may not also be wise—sometimes it's just race to the table and have someone bring your food to you. Read on for my top hangover brunch spots in Regina and Saskatoon, with guest commentary from Regina foodies Jara Gooney and Ashley Martin.

Keep in mind that no matter how awful you feel today, it will get better. And the best sign you had a good night out is how you feel on the morning.

### LEOPOLD'S TAVERN

2230 Albert St., Regina  
By Jara Gooney

The Regina Sunday session has never quite been the same since Leopold's Tavern opened on Albert Street earlier this year. Local fun and with great atmosphere, service, the tiny bar serves a selection of locally sourced beers along with a drive-through. With these big Sunday brunches, there is no better place to ease the bitter pangs of a hangover on an NFL Sunday or to cure a hangover.

Leopold's Cacciatore is seasoned perfectly with a giant peckish bone and a dose of culinary salt, served in a Mason jar.

One of Leopold's signature dishes, the Hangover Cure is the perfect start for a sunny Sunday session. A bed of dried out fries are topped with cheese, beans, sour cream, jalapenos, pineapple and a fried egg.



Leopold's perfectly seasoned Cacciatore (right) is the perfect companion to the tavern's signature dish, The Hangover Cure. QC PHOTO BY JARA GOONEY



### FLIP EATERY & DRINK

3070 Hamilton St., Regina  
By Ashley Martin

With its floor-to-ceiling windows, Flip is the place to see and be seen, so mark it up, shorter and get dressed— you're going out!

Flip's Back Plate is the standard bacon and egg breakfast looked up 11 months.

It comes with three kinds of meat, all made at Side, a deli around the corner also owned by Flip. The bacon is a little salty but that's just what you need the morning after over indulging, right? The back houses is tasty and the breakfast sausage, which looks a little off putting with its white colour, is full of mild flavour.

The Cacciatore is not too spicy, which I think is perfect for a hangover—I can't handle too much spice when my stomach is rocky. Plus the rim is different. It's more beautiful than most places.

The eggs come exactly in order—sunny-side-up perfection. And though I am not a huge pollock fan, even the hash browns were to my liking. The homemade hash browns with onion scratch apple raspberry jam and givety yet creamy peanut butter toast it all off.



The Salt Plate at Flip Eatery & Drink in Regina comes with three kinds of meat, all from the Salt and around the corner Bacon hash, Cacciatore and Cacciatore classic Cacciatore are served with eggs, hash browns and homemade potatoe toast. From scratch apple raspberry jam and givety yet creamy peanut butter toast it all off.

QC PHOTO BY ASHLEY MARTIN

## THE HOLLOWOS

334 Ave. C S. Saskatoon  
By Ann Shure

The Hollowos is a beautiful little spot in Saskatoon's booming Riverside neighbourhood. If you haven't heard it's good in the hood! The owners cheer to regurgitate and salvage much of the former Golden Dragon. — From the owner's sign out front to the china tea cups. The lighting is low enough here that your puffy face will blend right in. As eclectic soundtrack of chrl and world sounds into the backdrop for the decidedly hipster crowd. Just miss a note and you won't be out of place.

I love the Rice and Beans here so much. I've tried little else on the brunch menu. A thoroughly satisfying blend of black beans and rice from the house for two eggs (sunny side or fried) fresh tomato slices, creamy avocado, cream cheese and a few salty tortilla chips. It sounds like a lot going on but trust me, it's so wonderful. I dream about this dish. Order it with a side of hot sauce and a liver cleanse juice that does, celery, ginger, apple, and you're well on your way to beating that hangover.



Beans and Rice at The Hollowos in Saskatoon is a delicious mix of black beans, rice, tomatoes, onions and more to taste. ©COURTESY OF JESSICA WATSON

## CONGRESS BEER WOLF

270 Second Ave. S. Saskatoon  
By Ann Shure

There's always the local watering hole for food and drink. At all. The selection here is not standing and the menu from scratch food and two shabby beers.

Congress serves 30 beers and 30 bottles of (mostly) local and Canadian beer. There's nothing like the beer of the day the morning after. It seems not your thing, try the fresh-squeezed grapefruit, orange or a 10 double Caesar. The lovers will rejoice at Congress, their nerve problems full and not too big.



The Cure at Congress is chicken sausage, pepperoni, onions, mushrooms, tomatoes, cheese, curls, hollandaise and focaccia toast. ©COURTESY OF JESSICA WATSON

I tried The Cure a skillet filled with chicken sausage, peppers, onions, mushrooms and hash brown topped with hollandaise, cheese curls and two poached eggs. It's true that some rivers hangover from this meal's way to test the theory — while it's delicious their more green is the bottom of the skillet than even the thick focaccia toast can handle. I'd still eat it again though. It was probably my happy add-on (which, for the amount you get, is a pretty steep) that made everything okay.

## WINE WORLD

#VEUVE CLUIQUOT ROSE

## Champagne offers evening full of promise

By James Romanow

About 25 years ago, I made a complete mess of my New Year's Eve. If I was as smart then as I am now, I would have bought a bottle of champagne, and curled up on the sofa with my dog. It would have been time better spent.

Veuve Clicquot has been making good in the last few decades. Champagne is a blend of three grapes, chardonnay, pinot noir and pinot meunier. After the wine is fermented for the second time in the bottle, the substrate is shot out and the bottle is topped up with dosage, usually from previous years for non-vintage (NV) champagne. The wines added are the great secret of good NV. Each house recipe is a bit different. Clicquot makes a pinot noir heavy blend and NV is to make make what cut it up to your taste.

The Veuve white is a noticeably darker white champagne both in colour and flavour and their rose continues down this blend path. It's a translucent rose, with up to a third of the blend being old vines and the remainder perfectly pinot noir. It has that trademark black or, least, or dry blend nose with a fabulous bright palate and a great chiseled mineral finish. This is why you buy the stuff!

Should you be so something with somebody looking in your corner, I strongly recommend you learn from the mistakes of a long



time past. There are few things in life as pleasant as a bottle of champagne, and once that evening will be full of promise, especially if there are only two of you present. I prefer it served with peeled mandarin whole mode.

Veuve Clicquot Rose NV 2014

More bubbles throughout the week on Twitter @johnoh

## Crossword/Sudoku answers

NALIA	ALA	ABCS
UNCONN	TOME	DUAL
GRAVITY	TRAIN	DICE
SOME	RINGS	CHE
SQUASH	SHRACKET	
CACTUS	OTOS	
ISH	ITALO	NIERD
TRANS	SIVING	DAY
LYRE	ANIME	ACE
LOVE	PIRNAS	
SHIRAZ	GRIND	
WIP	BOOKS	SCRA
KITA	TURN	TYROT
KROS	ANTE	MERLO
ROCK	SHY	ALDOP

8	5	3	1	2	7	6	9	4
4	9	1	8	5	6	3	7	2
7	2	6	4	9	3	1	5	8
9	6	8	3	7	1	4	2	5
5	3	7	2	4	9	8	6	1
2	1	4	5	6	8	9	3	7
3	8	2	6	1	5	7	4	9
6	7	5	9	8	4	2	1	3
1	4	9	7	3	2	5	8	6

